Budget plan Step 1 – My money



Putting together and planning a budget helps you understand more about how to manage your money. Everyone can benefit from managing their money better and it's a good idea to do a budget plan, or redo the one you have, to make sure it's still helping you.

There are three steps listed below to help you make your plan. We have a separate worksheet for each step. Do them one-by-one to build your plan over time.

Step 1 Your money

Budgeting is not just about how much you spend. It's about where you spend your money.

Writing down the money you get helps you set goals to see if there are any ways to reduce your costs and money you owe. It also helps you think of ways to start saving.

Step 2 Your goals

Setting goals is a good way to start helping you decide how you spend your money in the future. It's about changing the way you manage your money to see if there are any ways to spend less and increase the money you get.

Step 3 Managing your money

A budget plan needs to change when something different happens in your life. You might move house and have to pay more or less than you were paying before, or you might get part-time work which means you have more money now.

Your budget plan will need to show any new income or costs. You might need to set some new goals so you keep planning ahead for you and your family/whānau.

Sharing your budget plan with a case manager helps us to support you. You'll be able to talk about things that are going well and what you're doing to manage your money. A case manager will also ask you if you need any help to reach or change some of your goals.

Keep your plan safe

When you make changes to your budget plan you need to bring it along to your next appointment. If you'd like a copy to be kept on your record you can ask a case manager to do this for you.

Go online - use MyMSD

You can save money and time by doing some things with us online using MyMSD. You can:

- tell us what you earned
- apply for a food grant, emergency dental treatment, school uniforms and school stationery
- tell us about a change in address, phone or accommodation costs
- tell us about a relationship change
- check your next appointment
- book, change and cancel some appointments
- view your payment details
- · view debt details
- check your payment card transactions in near real time.

New services are regularly added to MyMSD so you can do more online in future.

No data? No problem! If you're on the Spark, Vodafone, 2degrees or Skinny mobile networks you can use our website and online services at little or no cost from your mobile phone or digital device.

Go online now at **my.msd.govt.nz**

Other help

There are other people who can help you manage your money and you can choose to talk to someone any time. We might also refer you to people who can work with you one-to-one to help build a long-term plan.

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The space below is for you to fill out as a way to help you think about how you manage your money. You might see there are things you could do differently or goals you can set that will help you to make a plan.

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Write down all the money you get. You can get information about your benefit from your **MyMSD** account or you can ask us.

Money you get	How often	How much

Things I need to pay for

Write down all the things you have to pay for like food and rent, school fees, power and how often you pay them, for example weekly, fortnightly. This will help you see how much money you're paying out.

What you pay for	How often	How much

Things I find hard to pay for

Write down the things you don't always find easy to pay for. Include the things that you'd like to do more often and find hard to pay.

Cost	How often	How much

Money I owe

Write down money you're repaying and how often you're repaying it, for example Inland Revenue or a family member. You can get information from **MyMSD** about the money you owe us, or you can ask us.

What you repay	How often	How much